

**5 ways  
to stay sharp with   
your business English  
during the summer  
break**



# #1 Read

When you have time, read books or websites online that are in English. Reading is the best way to maintain and boost your grammar and vocabulary level. 15 minutes per day would suffice.

# #2 Organise an English film night

Instead of watching a movie in English with subtitles, turn them off and get yourself comfortable with understanding what they say just by listening. Even if you don't understand everything, it's essential to learn how to get the context.

# #3 Speak English

Practice makes perfect. Pick a friend or your spouse and talk to each other in English for 30 minutes a day. It doesn't have to be about business or a specific topic. You can just switch your communication language to English.

# #4 Record yourself

Make short videos recording yourself talking in English for a few minutes. These recordings can help you practice pronunciation and style, and track your level and progress over time. You can even post them on your social media!

# #5 Cook yourself through English

Prepare a lovely summer meal for your family and friends. Follow a recipe in English (either by reading it or watching a video) and practice your English skills. It's an effective combo of comprehension and action, plus it's also fun!

**You deserve a summer break  
and you can also practice your  
English skills & stay sharp in a  
fun way. Don't wait until  
September to resume your  
efforts!**

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naturally & confidently at  
work, book a free Discovery  
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